



Abbey Road Primary School – PE Coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamental skills	Yoga	Dance Unit 1	Gymnastics	Ball Skills Unit 2	Fundamentals 2
Year 1	PPA – Ball skills	PPA – Sending and receiving	PPA – Team building	PPA –Target Games	PPA – Striking and fielding	PPA – Invasion
	Fitness	Yoga	Gymnastics	Dance	Net and wall	Athletics
Year 2	PPA – Invasion Games	PPA – Fitness	PPA – Fencing	PPA – Striking and Fielding	PPA – Net and Wall	PPA – Athletics
	Gymnastics	Ball skills	Sending and receiving	Target Games	Athletics	Dance
Year 3	PPA – Fundamentals	PPA – Ball Skills	PPA – Gymnastics	PPA – Handball	PPA – Rounders	PPA – Athletics
	3SP- Football 3M Athletics	Swimming (3SP) Football (3M)	Hockey	Dance	Athletics (3SP) Swimming (3M)	Net and wall (tennis)
Year 4	PPA – Dodge Ball	PPA - Orienteering	PPA - Tag rugby	PPA – Fitness	PPA – Tennis	PPA – Athletics
	Dance	Netball	Swimming (4P) Gymnastics (4G)	Swimming (4G) Gymnastics (4P)	Athletics	Cricket
Year 5	PPA – Handball	PPA - Dance	PPA - Gymnastics	PPA – Football	PPA – Tennis	PPA – Athletics
	Cycling	Orienteering	Hockey	Netball	Athletics	Cricket
Year 6	PPA – Gymnastics	PPA – Fitness (circuits)	PPA – Hockey	PPA – Archery	PPA – Badminton	PPA – Athletics
	Dodgeball	Dance	Volleyball	Tag Rugby	Athletics	Rounders