



Over half term, have a go at some of these Brazilian activities if you would like to. Maybe you could even host your own carnival with your family! Send us your pictures or video clips using office@abbeyroad.nott.sch.uk and we will feature them in a 'Year 5 Carnival' video 😊



Cooking and baking

Could you and your family have a go at using some of these recipes to make some traditional Brazilian dishes? If you don't like the sound of any of these (or don't have the ingredients), you could research some different recipes, there are so many out there to try!

Main meals:

Feijoada : Black bean and meat stew. This requires lots of ingredients, but it's still an interesting one to have a look at, even if you can't make it this time. Apparently, 'feijoada' is often considered to be the national dish of Brazil!

<https://www.bbcgoodfood.com/recipes/black-bean-meat-stew-feijoada>

Moqueca baiana : fragrant fish stew

<https://www.jamieoliver.com/recipes/fish-recipes/moqueca-baiana/#durT7Sy7EECR8yYy.97>

Treats / 'Street food':

At carnivals there are often different tasty treats and street foods on offer! Have a look at some of these dishes, do any of them sound delicious to you? There are lots of different ones to try, so you could research more options too!

Brigadeiro : These are the 'national chocolate truffles' of Brazil and are, apparently, the most popular traditional Brazilian dessert!

<https://www.bbcgoodfood.com/recipes/brazilian-chocolate-truffles-brigadeiro>

Pao De Queijo : Brazilian Cheese Breads

<https://www.bbcgoodfood.com/recipes/brazilian-cheese-bread-pao-de-queijo>

Queijadinha : Brazilian Coconut Tart. This one contains an ingredient that you might be a little surprised to see in a sweet dish!

We have uploaded a recipe for this onto the website, although there are lots of slightly different variations available online.

Art and Craft

Get creative! What could you make using recycled materials to use or wear at your family carnival?

Did you know that the carnival in Rio De Janeiro is the largest carnival of its kind in the world? It is a huge national festival, which runs for 5 days in the lead up to 'Ash Wednesday' (the beginning of lent). So it lasts from Friday to Tuesday. The festival combines music, dancing and famously elaborate costumes!

The costumes that people wear to carnival are often designed as part of a 'theme'. If you wanted to make your own costume or accessories at home, you could decide on a family theme! Maybe you could use nature to inspire you... Could your theme be 'wings' or 'under the sea'?

Above all, costumes worn at carnival are brightly coloured and eye catching! So if you want to host a carnival of your own at home, make sure you wear your brightest colours! Have a look at the PDF called 'Brazil - Carnival' to get ideas and inspiration if you'd like to make your own costume or accessories such as a headdress.

Music

How can you make music at home? Can you perform alongside your family to create different rhythms and beats at your carnival?

Samba inspires the music played at carnivals. The rhythms are infectious and designed to get people energised and excited!

Can you listen to some Brazilian carnival music? Perhaps you could search for some on YouTube with an adult.

Then you might like to make some music of your own! Could you make a drum or a shaker out of recycled materials and practise different beats? Do you have a whistle that you could add in? Have fun creating different beats and rhythms!

