



LESSON ONE



CREATING BRUSH TIME TALES





CHALLENGE 2: FILLING THE GAPS



- PICK THE WORD THAT COMPLETES THE SENTENCE



USE A SIZED BLOB
OF TOOTHPASTE.

TWICE

TWO

PEA

GUMS

RINSE



USE A **PEA** SIZED
BLOB OF TOOTHPASTE.

TWICE

TWO

PEA

GUMS

RINSE



TO KEEP YOUR TEETH
HEALTHY, BRUSH
YOUR TEETH _____ A
DAY. IN THE MORNING
AND BEFORE BEDTIME.

TWICE

TWO

PEA

GUMS

RINSE



TO KEEP YOUR TEETH
HEALTHY, BRUSH
YOUR TEETH **TWICE** A
DAY. IN THE MORNING
AND BEFORE BEDTIME.

TWICE

TWO

PEA

GUMS

RINSE



MAKE SURE YOU BRUSH
ALL SIDES OF YOUR
TEETH, INCLUDING
YOUR

TWICE

TWO

PEA

GUMS

RINSE



MAKE SURE YOU
BRUSH ALL SIDES
OF YOUR TEETH, IN-
CLUDING YOUR **GUMS**.

TWICE

TWO

PEA

GUMS

RINSE



ALWAYS BRUSH FOR
--- MINUTES.

TWICE

TWO

PEA

GUMS

RINSE



ALWAYS BRUSH FOR
TWO MINUTES.

TWICE

TWO

PEA

GUMS

RINSE



DON'T _____ YOUR MOUTH
AFTER BRUSHING, JUST
SPIT THE TOOTHPASTE OUT.

TWICE

TWO

PEA

GUMS

RINSE



**DON'T RINSE YOUR MOUTH
AFTER BRUSHING, JUST
SPIT THE TOOTHPASTE OUT.**

TWICE

TWO

PEA

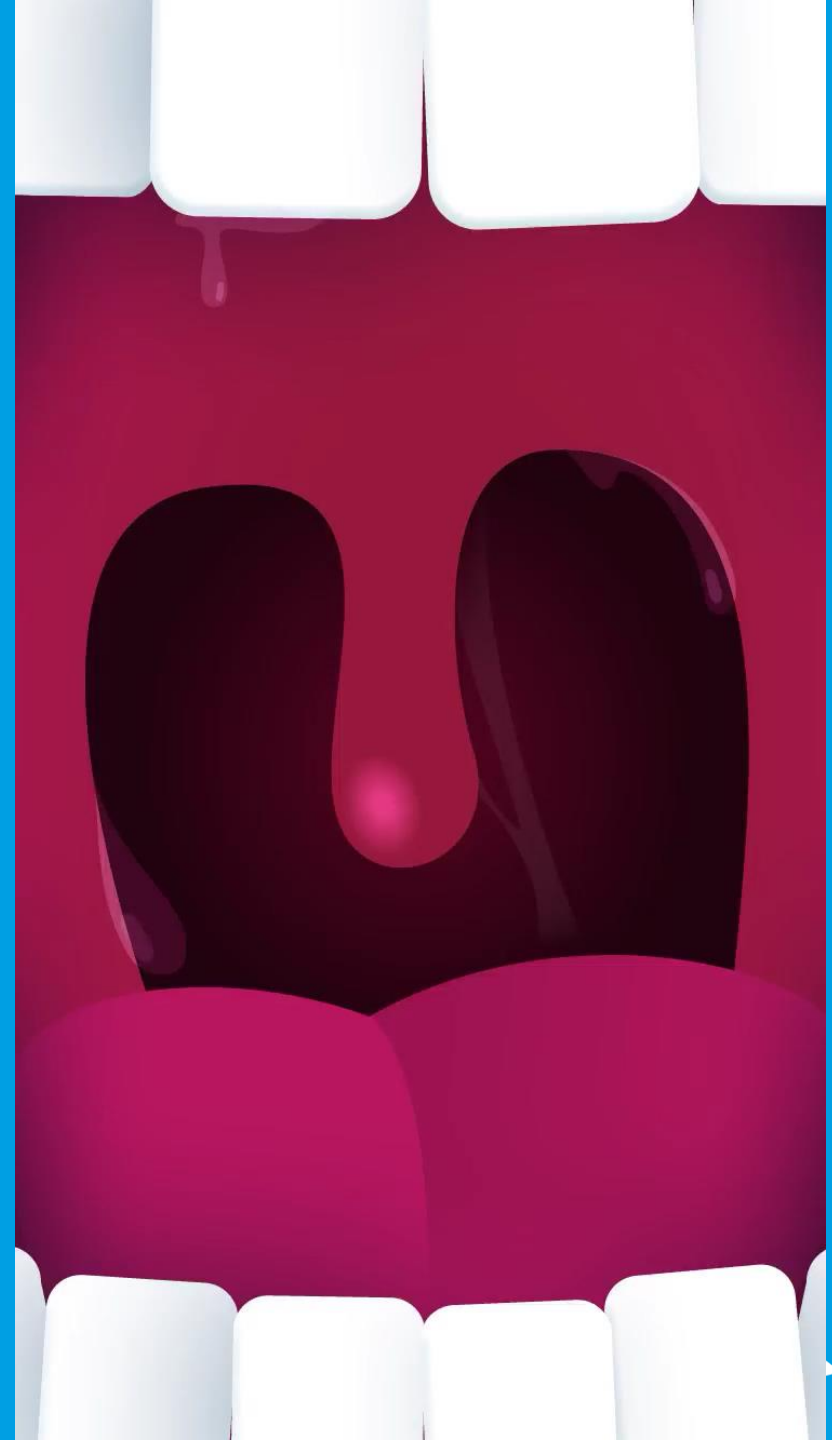
GUMS

RINSE



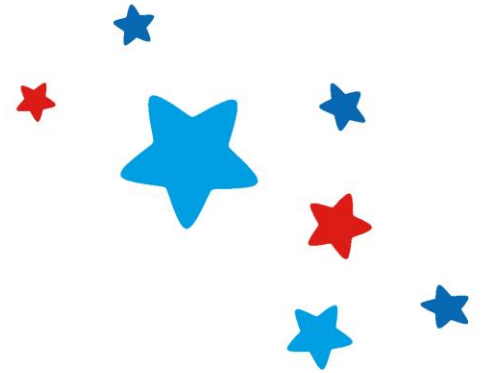
BRUSH LIKE A HERO!

1. PEA SIZED AMOUNT OF FLUORIDE TOOTHPASTE
2. BRUSH IN SMALL CIRCLES
3. BRUSH RIGHT UP TO THE GUM
4. BRUSH ALL TEETH AND ALL SIDES OF EACH TOOTH
5. TWO MINUTES, TWICE PER DAY





EXTENSION: MAKE BRUSHING FUN



- THINK OF AS MANY WAYS AS POSSIBLE TO MAKE EVERY TWO-MINUTE BRUSH TIME AS FUN.
- YOU HAVE TWO MINUTES!

