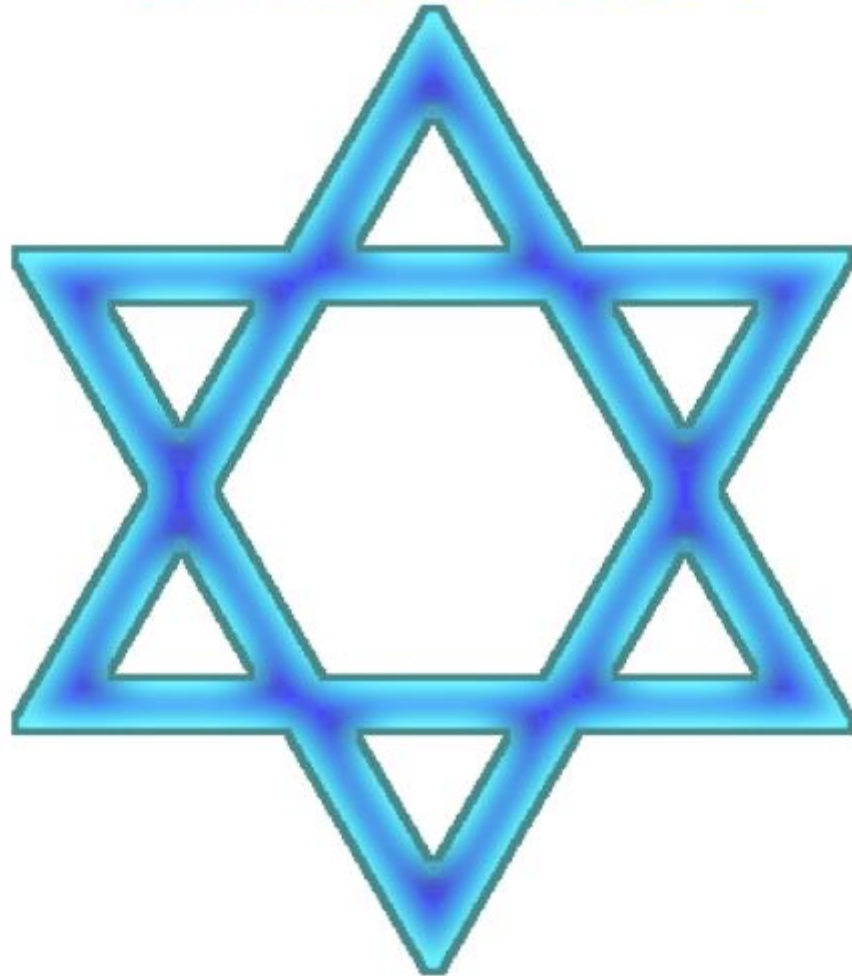


**Jewish
celebrations
and
family life**

Shabbat



Shabbat is a special day for Jews.

It is the Jewish Sabbath.

It is a day that Jewish people spend with their families.

Special bread called challah is made. The candles are lit and Shabbat is welcomed.



Shabbat starts at Friday sunset.

A special family meal is eaten on the Friday night.

Shabbat ends at nightfall on Saturday - when three stars are in the sky.



Special blessings are said and certain things are performed at the Shabbat meal. Can you work out what?



Special blessings are said and certain things are performed at the Shabbat meal. Can you work out what?



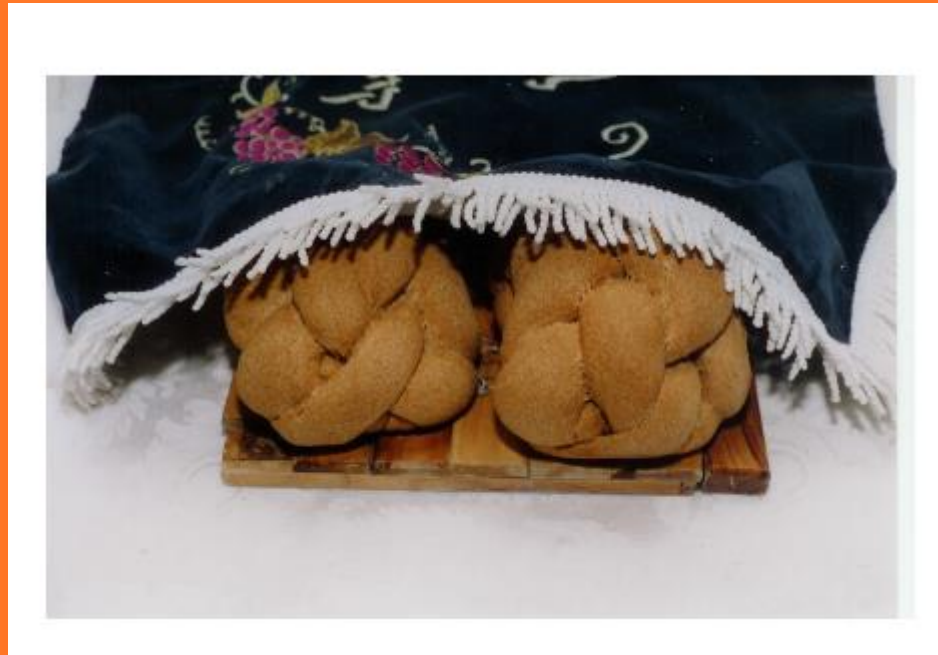
Two candles are lit

The Kiddush cup – for wine

Prayers or blessings are said.

Challah – 2 loaves are eaten

Special blessings are said over the wine and challah.



The 2 loaves remind Jewish people of the 2 lots of manna (food) sent in the desert when Moses took them out of Egypt.

A meal of fish,
soup, chicken and
fruit usually follows.

Songs are also
sung during the
meal.



On Saturday morning,
Jewish people visit the
synagogue.

No work is done
throughout Shabbat.



Resting on Shabbat

Many Jewish people rest from all work. But what is considered 'work' varies with different people.

Look at the activities on the next slide. Which of these would you think of as 'work'?



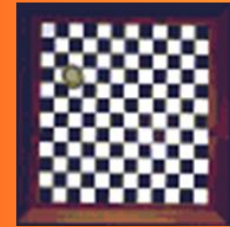
shopping



board game



going for a walk



CHES



eating



unless emergency



work



shopping



eating

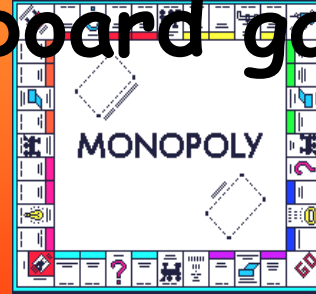


unless emergency



not work

board game



going for a



Another meal is eaten on Saturday night. At this meal the Havdalah ceremony ends Shabbat.



Havdalah candlestick.

Spice box



Kiddush cup

Look at these short videos on the BBC website to find out more about Shabbat and Kosher foods

<https://www.bbc.com/bitesize/clips/zj9jxnb>

<https://www.bbc.com/bitesize/clips/zw4wmp3>

<https://www.bbc.com/bitesize/clips/zqwmpv4>

Complete the Teams assignment on Kosher food.

LO: I know about the food that is used in Jewish celebrations and I can design a celebration menu of my own.

Which of these do you think your Jewish friends can eat and are kosher and which are not kosher?



Design a Kosher menu for a meal.

Design an ideal celebration menu of your own.

Type here

Type here