

# Abbey Road Primary School Sex and Relationship Education (SRE) Policy 2017



## 1. Purpose of the SRE Policy

The purpose of the policy is to:

- Give information to staff, parents and carers, governors, pupils and outside visitors about the content, organisation and approach to teaching SRE
- Enable parents and carers to support their children in learning about SRE

## 2. Links to other policies

This policy links to the Science curriculum, PSHE curriculum, the Safeguarding and Child Protection policy and our Single Equality Scheme. We aim to teach as much of the content as is possible through the Science and PSHE curriculums to make learning real and relevant.

## 3. Definition of SRE

Sex and Relationship Education is not just about learning about **growing up, changes and reproduction**. It is also about enabling children to **make and maintain relationships** with others and to **feel good about themselves** and the **choices** they make. This involves helping children to gain knowledge, develop skills and form positive beliefs and attitudes.

## 4. Why teach SRE at primary school?

- It prepares children for the physical and emotional changes that will take place at puberty
- It helps develop positive attitudes, values and self-esteem and challenges negative attitudes and prejudices.
- It helps make sense of misinformation in the media and from peers
- It provides an opportunity to talk about feelings and relationships
- It promotes the skills necessary for effective communication and loving, caring, respectful and happy relationships.
- It protects children from sexual exploitation and inappropriate on-line content

Parents/carers have the right to withdraw their children from SRE, apart from the statutory aspects of the national curriculum. This means that parents and carers cannot withdraw their children from SRE aspects of the science national curriculum.

## 5. Content and Organisation of the Programme

*Where is SRE taught?*

SRE will be taught through a planned programme in PSHE as well as in Science. This will ensure that it covers the statutory biological aspects, but also the social and emotional aspects. It is taught throughout the years, either as discrete topics/units or integrated into other topics such as Ourselves, Growing and Living Things, at a level appropriate to the needs and maturity of the pupils.

**The following appendix provides more detail regarding curriculum coverage. Our curriculum is based on the publication/resource "Teaching SRE with confidence in Primary Schools" (4<sup>th</sup> edition)**

## Appendix: SRE curriculum overview

### Foundation

<b>Early Learning Goals Prime Areas</b>	<b>Learning Intentions and Learning Outcomes</b>
Physical Development Health and self-care	Learning Intention To consider the routines and patterns of a typical day  Learning Outcomes Understand some areas in which the children can look after themselves e.g. dressing and undressing
Physical Development Health and self-care	Learning Intention To understand why hygiene is important  Learning Outcomes Explain why it is important to keep clean Understand some basic hygiene routines
Personal, Social and Emotional Development Making Relationships	Learning Intention To recognise that all families are different  Learning Outcomes Identify different members of the family Understand how members of a family can help each other

### Yr1

<b>PSHE Programme of Study Core Theme 1: Health and Wellbeing</b>	<b>Learning Intentions and Learning Outcomes</b>
<ul style="list-style-type: none"><li>• the importance of and how to maintain personal hygiene</li><li>• about the process of growing from young to old and how people's needs change</li><li>• the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls</li><li>• about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them</li></ul>	Learning Intention To understand some basic hygiene principles Learning Outcomes Know how to keep clean and look after oneself
	Learning Intention To introduce the concept of growing and changing Learning Outcomes Understand that babies become children and then adults Know the differences between boy and girl babies
	Learning Intention To explore different types of families and who to ask for help Learning Outcomes Know there are different types of families Know which people we can ask for help

## Yr2

### PSHE

#### Programme of Study Core Theme 1: Health and Wellbeing

- about the process of growing from young to old and how people's needs change

- the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls

#### Science Attainment Targets

- notice that animals, including humans, have offspring which grow into adults

#### Learning Intentions and Learning Outcomes

##### Learning Intention

To introduce the concept of male and female and gender stereotypes

To identify differences between males and females

##### Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do

Describe the difference between male and female babies

##### Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

##### Learning Outcomes

Describe some differences between male and female animals

Understand that making a new life needs a male and a female

##### Learning Intention

To focus on sexual difference and name body parts

##### Learning Outcomes

Describe the physical differences between males and females

Name the male and female body parts

## Yr3

### PSHE

#### Programme of Study Core Theme 1: Health and Wellbeing

- the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls

- to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong

#### Core Theme 2: Relationships

- to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage

- to judge what kind of physical contact is acceptable or unacceptable and how to respond

#### Learning Intentions and Learning Outcomes

##### Learning Intention

To explore the differences between males and females and to name the body parts

##### Learning Outcomes

Know some differences and similarities between males and females

Name male and female body parts using agreed words

##### Learning Intention

To consider touch and to know that a person has the right to say what they like and dislike

##### Learning Outcomes

Identify different types of touch that people like and do not like

Understand personal space

Talk about ways of dealing with unwanted touch

##### Learning Intention

To explore different types of families and who to go to for help and support

##### Learning Outcomes

Understand that all families are different and have different family members

Identify who to go to for help and support

## Yr4

<p><b>PSHE</b> <b>Programme of Study</b> <b>Core Theme 1:</b> <b>Health and Wellbeing</b></p> <ul style="list-style-type: none"><li>• how their body will, and emotions may, change as they approach and move through puberty</li><li>• to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them</li><li>• about human reproduction</li></ul> <p><b>Science Attainment Targets</b></p> <ul style="list-style-type: none"><li>• describe the changes as humans develop to old age</li></ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To explore the human lifecycle</p> <p><b>Learning Outcomes</b> Describe the main stages of the human lifecycle Describe the body changes that happen when a child grows up</p>
	<p><b>Learning Intention</b> To identify some basic facts about puberty</p> <p><b>Learning Outcomes</b> Discuss male and female body parts using agreed words Know some of the changes which happen to the body during puberty</p>
	<p><b>Learning Intention</b> To explore how puberty is linked to reproduction</p> <p><b>Learning Outcomes</b> Know about the physical and emotional changes that happen in puberty Understand that children change into adults so that they are able to reproduce</p>

## Yr5

<p><b>PSHE</b> <b>Programme of Study</b> <b>Core Theme 1:</b> <b>Health and Wellbeing</b></p> <ul style="list-style-type: none"><li>• how their body will, and emotions may, change as they approach and move through puberty</li><li>• to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them</li></ul> <p><b>Core Theme 2:</b> <b>Relationships</b></p> <ul style="list-style-type: none"><li>• to feel confident to raise their own concerns, to recognise and care about other people's feelings</li></ul> <p><b>Science Attainment Targets</b></p> <ul style="list-style-type: none"><li>• describe the changes as humans develop to old age</li></ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To explore the emotional and physical changes occurring in puberty</p> <p><b>Learning Outcomes</b> Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence</p>
	<p><b>Learning Intention</b> To understand male and female puberty changes in more detail</p> <p><b>Learning Outcomes</b> Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes</p>
	<p><b>Learning Intention</b> To explore the impact of puberty on the body &amp; the importance of hygiene</p> <p>To explore ways to get support during puberty</p> <p><b>Learning Outcomes</b> Explain how to keep clean during puberty Explain how emotions change during puberty Know how to get support and help during puberty</p>

<p><b>PSHE</b> <b>Programme of Study</b> <b>Core Theme 1:</b> <b>Health and Wellbeing</b></p> <ul style="list-style-type: none"><li>• how their body will, and emotions may, change as they approach and move through puberty</li><li>• about human reproduction</li><li>• the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others</li></ul> <p><b>Core theme 2:</b> <b>Relationships</b></p> <ul style="list-style-type: none"><li>• to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage</li><li>• to recognise what constitutes positive healthy relationships and develop the skills to form them</li></ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To consider puberty and reproduction</p> <p><b>Learning Outcomes</b> Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence</p>
	<p><b>Learning Intention</b> Consider physical &amp; emotional behaviour in relationships</p> <p><b>Learning Outcomes</b> Discuss different types of adult relationships with confidence Know what form of touching is appropriate</p>
	<p><b>Learning Intention</b> To explore the process of conception and pregnancy</p> <p><b>Learning Outcomes</b> Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception</p>
	<p><b>Learning Intention</b> To explore positive and negative ways of communicating in a relationship</p> <p><b>Learning Outcomes</b> To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong</p>